



# The Coach

-Athanasian Creed: Now this is the catholic (universal) faith That we worship one God in trinity and the trinity in unity, neither blending their persons, nor dividing their essence. For the person of the Father is a distinct person, the person of the Son is another, and that of the Holy Spirit, still another. But the divinity of the Father, Son, and Holy Spirit is one, their glory equal, their majesty coeternal."

What is Trinity?

One God who exists as three distinct persons.

Big Thought:

If Jesus isn't God, He's a liar.

If he Is God,  
everything changes.

Matthew 3:16-17

And when Jesus was baptized, immediately he went up from the water, and behold, the heavens were opened to him, and he saw the Spirit of God descending like a dove and coming to rest on him; and behold, a voice from heaven said, "This is my beloved Son, with whom I am well pleased."

Romans 10:9

"Confess with your mouth that Jesus is Lord, and believe in your heart that God raised Him from the dead you will be saved."

Isaiah 43:10

"You are my witnesses," declares the Lord, "and my servant whom I have chosen, that you may know and believe me and understand that I am he. Before me no god was formed, nor shall there be any after me.

Trinity life is:

1. It's Love
2. It's Communal
3. It's Humble
4. It's Submissive
5. It's Joyful